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This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of claims:

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- 1. (currently amended) A method of inducing weight loss in a mammal comprising administering a ciliary neurotrophic factor comprising the sequence of SEQ ID NO:16 or 17, wherein the administration is via to either the nasal or the respiratory passages of said mammal.
- 2. (original) The method of claim 1, wherein the mammal is a human.
- 3. (currently amended) The method of claim 2, wherein said method is for the treatment of excess weight is due to diet induced obesity.
- 4. (original) The method of claim 2, wherein said ciliary neurotrophic factor protein is AX-15.
- 5. Cancelled.
- 6. (previously cancelled)
- 7. (Amended once) A method of treating gestational or adult onset diabetes reducing insulin resistance, increasing insulin sensitivity, or improving glucose disposal in a human comprising administering a ciliary neurotrophic factor comprising the sequence of SEQ ID NO:16 or 17 to either the nasal or the respiratory passages of said human.
- 8. (currently amended) The method according to any one of claims 1-7 of claim 1 or 7, wherein said ciliary neurotrophic factor protein is pegylated.

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9. (currently amended) The method according to any one of claims 1 to 7 of claim 1 or 7, wherein said ciliary neurotrophic factor protein is administered intranasally.

10. (currently amended) The method according to any one of claims 1 to 7 of claim 1 or 7, wherein said ciliary neurotrophic factor protein is administered intratracheally.

11. (currently amended) The method according to any one of claims 1 to 7 of claim 1 or 7, wherein said ciliary neurotrophic factor protein is administered by use of a nebulizer.

12. (amended previously) The method of claim 7, wherein said ciliary neurotrophic factor protein is AX-15.

13-19. Cancelled.

Claims 20-22 (previously cancelled)

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